

“Bullying” Curriculum-Based Readers Theatre Script

Developed by Ms. Seward’s 5th class with Drama Specialist Mary Beth Bowen
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- 1 Imagine....a day in the life
2 of someone who’s being bullied.
3 Your alarm clock goes off.
ALL {Gesture & Sound Effect}
4 But you don’t want to go to
school.
ALL {Gesture & Sound Effect}
5 There’s a bully who has been
6 Picking on you
7 Calling you names
ALL STUPID {Gesture}
SISSY {Gesture}
LOSER. {Gesture}
8 And making you feel...
1-10 Scared...
11-19 Depressed...
1-10 Angry...
ALL ALONE {Gesture}
9 But you’re not alone.
10 Almost everyone...
11 At some point in their life...
12 has been bullied.
13 It happens a lot....
14 Research says that every day...
15 sixteen-hundred kids skip school
16 to avoid being bullied.
17 It’s a big problem.
18 But why do bullies...*bully*... in
The first place?
19 Here are some of the reasons...
why bullies...bully other people.
1 Because it makes the bully feel
powerful.
ALL {Gesture & Sound Effect}
2 Because the bully feels it improves
his or her rank in the social group.
- ALL {Gesture & Sound Effect}
3 Because the bully wants to get
attention.
4 Because the bully thinks it’s funny to
see other people suffer.
ALL {Gesture & Sound Effect}
5 And there are some *other* reasons
why bullies bully other people.
6 One reason bullies do it is to
prevent other people from picking
on *them*.
7 Or...in the past...the bully himself
was bullied.
8 Or... the bully is insecure.
9 Or the bully has issues at home.
10 Sometimes, bullies have a lot of
anger inside.
11 And in some cases, bullies take out
their anger on other people.
12 Who does the bully take it out on?
ALL THE VICTIM.
13 Who is the victim?
ALL THE PERSON BEING
BULLIED.
14 What exactly does the bully want
the victim to do?
15 The bully wants a *big* reaction.
16 The bully wants the victim to...
17 Explode in anger and yell
ALL {Gesture & Sound Effect}
18 And feel bad inside.
ALL {Gesture & Sound Effect}
19 So what’s a good way...
to *respond* to the bully?
1 Don’t give the bully what the
bully wants.

2 What do you mean?
 3 The bully wants the victim to yell and cry and suffer...
 4 so everybody can laugh.
 5 Don't give it to 'em
 6 Ignore 'em
 7 Act like you don't hear 'em.
 8 And then tell a teacher.
 9 Other adults who can help you are your...
 10 Parents.
 11 Your school counselor
 12 Or the principal
 13 By the way, bullying is not just between the bully and the victim.
 14 There's someone else who's involved.
 ALL WHO?
 15 The bystander.
 ALL THE WHAT?
 16 The bystander.
 17 That's the person who just stands there...and watches the bullying
 18 And does nothing to stop it.
 19 And that raises a hard question.
 1 Why is so *difficult* to stand up for the victim?
 2 Well, there are a lot of reasons, but one is...
 ALL YOU'RE AFRAID YOU MIGHT BE NEXT! {Gesture}
 3 If you stand up for the victim, everyone might start picking on *you*.
 4 And here are some other reasons why it's difficult to stand up for the victim.
 5 You're afraid you'll lose your friends.
 6 Because if you *tell*, everyone will think that you're...

1-10 A WIMP...
 11-19 A SELL-OUT...
 ALL A TATTLETALE.
 7 Another reason that it's hard to stand up for the victim is....
 8 that so many other people in your class are *joining in* on the bullying.
 9 It's hard to resist all that..
 ALL PEER PRESSURE. {Gesture}
 10 But try to imagine if *you* {Gesture} were the one being bullied.
 11 You would want someone to help *you*.
 12 So...if you see someone being bullied....
 13 You *could* do nothing.
 14 OR...you could
 ALL STAND UP TO THE BULLY. {Gesture}
 15 Or you could...
 ALL GO AND TELL THE TEACHER OR ANOTHER ADULT. {Gesture}
 16 Or you could...
 ALL MAKE THE BULLY STOP. {Gesture}
 17 All those things require a person who is
 ALL BRAVE. {Gesture}
 18 Do the right thing.
 19 And remember this slogan.
 ALL IF BULLYING IS WRONG, {Gesture}
 WHY JOIN ALONG? {Gesture}